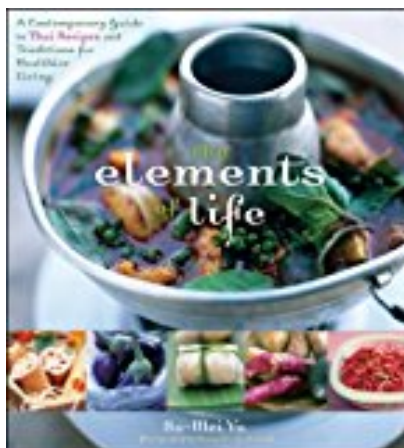


The Elements of Life A Contemporary Guide to Thai Recipes and Traditions for Healthier Living



BOOK DETAILS

- Author : Su-Mei Yu
- Pages : 336 Pages
- Publisher : Houghton Mifflin Harcourt
- Language : English
- ISBN : 0471757071

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BOOK SYNOPSIS

The award-winning author of *Cracking the Coconut* encourages readers to use the included interactive wheel to calculate their elemental sign, then offers 220 tempting Thai dishes for every home element, season and time of day, in a book with over one hundred full-color photos.

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